



BILLION STEPS CHALLENGE



January 1 - April 7



Register for the Billion Steps Challenge

Kane County is participating in a national walking challenge! Here's how to join.

1. Download MoveSpring app on your device (available on **Google Play or the App Store**), or use the web version.
2. Create an account, connect your device and complete your profile.
3. Enter organization code: **APHA2019**
4. Select "**APHA Billion Steps Challenge**" as your Group name
5. Click "join a team" and select our team: **KaneHealthCounts** and click join. (Once you join do not remove yourself from the team. If you do it will not let you re-join).
6. You are all set for the Billion Steps Challenge!

This flier is also available on the Kane Health Counts website: <https://bit.ly/2Q8Is2Z>

Hosted by: **KANE HEALTH COUNTS CHRONIC DISEASE ACTION TEAM**

www.kanehealthcounts.org